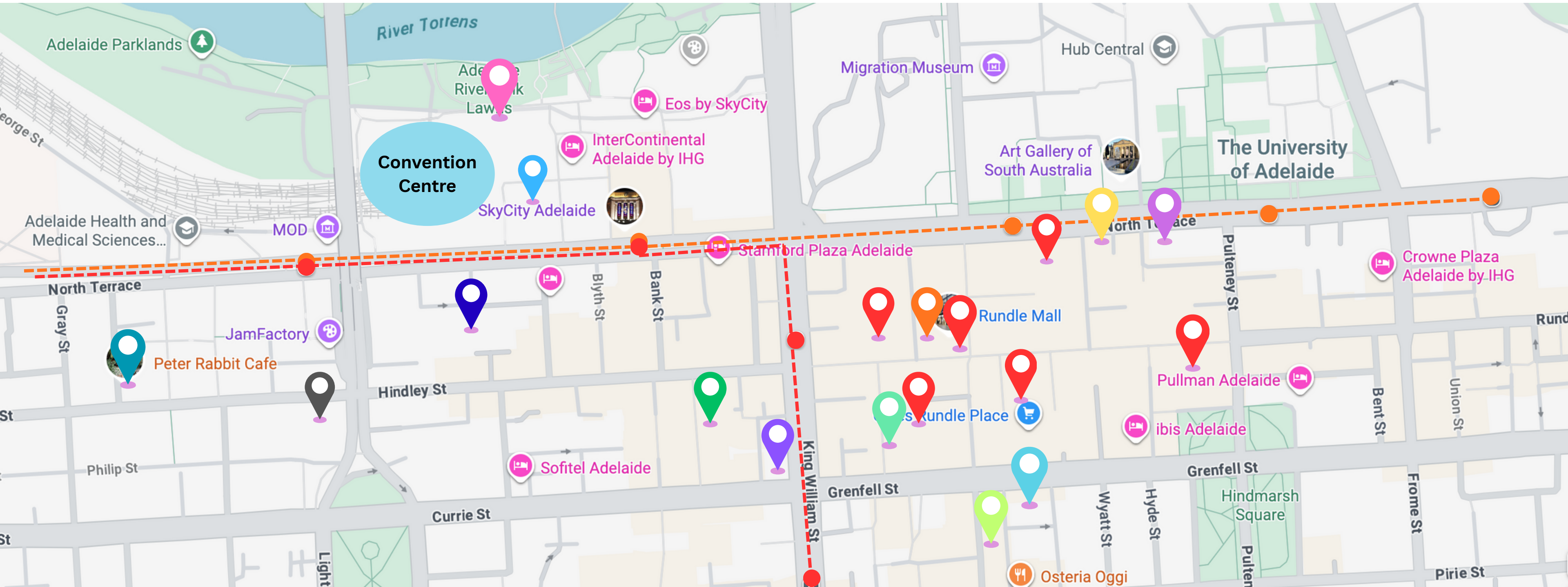


Free Tram Rides

- Botanic Gardens Route & Stopes
- South Terrace Route & Stopes

Map is colour-coded by
restaurant and café locations.
See next page for details.

Breakfast & Lunch Options



Many restaurants/cafes clustered along Rundle St & Grenfell St—plus nearby laneways (Peel St, James Pl, Gawler Pl).

Breakfast + Lunch Spots



Home Ground

Breakfast + Lunch 8 am - 3pm
Riverbank Promenade, Adelaide SA 5000
Dietary Options: V/VG/GF



iTL cafe

Breakfast 7 - 11:30 am
Lunch 12 - 2:30 pm
125 North Terrace, Adelaide SA 5000
Dietary Options: V/VG/GF



Clio Cafe

Breakfast + Lunch 8 am - 5pm
50 Rundle Mall, Level, H&M Building/1 Rundle Mall, Adelaide SA 5000
Dietary Options: V/VG/GF/H



La Moka

Breakfast + Lunch 8 am - 2pm
16 Peel St, Adelaide SA 5000
Dietary Options: V/VG/GF



Peter Rabbit Cafe

Breakfast + Lunch 8 am - 3pm
234-244 Hindley St, Adelaide SA 5000
Dietary Options: V/VG/GF



Blended Cafe

Breakfast + Lunch 7 am - 3pm
95 Grenfell St, Adelaide SA 5000
Dietary Options: V/VG/H



Pohkay

Lunch 11:30 am - 8:30 pm
215 North Terrace, Adelaide SA 5000
Dietary Options: V/VG/GF



Guzman y Gomez (Mexican)

Breakfast + Lunch + Dinner
7 am - 11 pm
33 King William St, Adelaide SA 5000
Dietary Options: V/VG/GF
Grilled Chicken is Halal



Hummus Hustle (Middle Eastern)

Breakfast + Lunch 8 am - 4 pm
32 James Pl, Adelaide SA 5000
Dietary Options: V/VG/GF/H



Biryani Darbaar City

Lunch + Dinner 11 am - 8 pm
Inside SA Convenience Store, 122 Hindley St, Adelaide SA 5000
Dietary Options: V/VG/H



Abang Indonesian Eatery

Lunch + Dinner 11 am - 11pm
230 North Terrace, Adelaide SA 5000
Dietary Options: V/VG/H



Phonatic Restaurant (Vietnamese)

Lunch 11 am - 3 pm
Dinner 5 pm - 9 pm
171 Hindley St, Adelaide SA 5000
Dietary Options: V/VG/GF



EL Mexicano Kitchen & Bar

Lunch + Dinner 11:30 am - 9 pm
92 Gawler Pl, Adelaide SA 5000
Dietary Options: V/VG/GF/H



Food Courts in Rundle Mall

V/VG/GF/H:

Myer Centre
Rundle Mall Plaza
Rundle Place
Southern Cross
City Cross
Adelaide Central Plaza
Renaissance Arcade

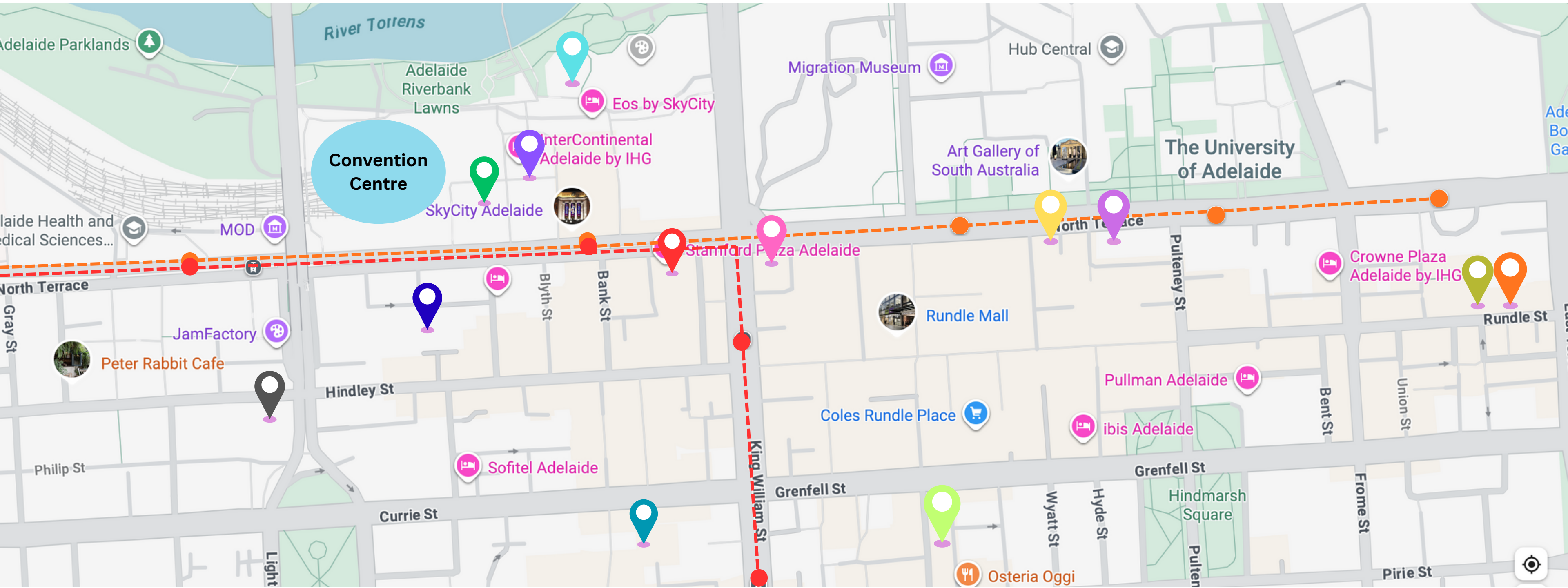
Free Tram Rides

----- Botanic Gardens Route & Stopes

----- South Terrace Route & Stopes

Map is colour-coded by
restaurant and café locations.
See next page for details.

Lunch & Dinner Options



Many restaurants/cafes clustered along Rundle St & Grenfell St—plus nearby laneways (Peel St, James Pl, Gawler Pl).

Lunch + Dinner Spots

 **Abang Indonesian Eatery**
Lunch + Dinner 11 am - 11pm
230 North Terrace, Adelaide SA 5000
Dietary Options: V/VG/H

 **Pohkay**
Lunch 11:30 am - 8:30 pm
215 North Terrace, Adelaide SA 5000
Dietary Options: V/VG/GF

 **Phonatic Restaurant (Vietnamese)**
Lunch 11 am - 3 pm
Dinner 5 pm - 9 pm
171 Hindley St, Adelaide SA 5000
Dietary Options: V/VG/GF

 **EL Mexicano Kitchen & Bar**
Lunch + Dinner 11:30 am - 9 pm
92 Gawler Pl, Adelaide SA 5000
Dietary Options: V/VG/GF/H

 **Biryani Darbaar City**
Lunch + Dinner 11 am - 8 pm
Inside SA Convenience Store, 122
Hindley St, Adelaide SA 5000
Dietary Options: V/VG/H

 **Shiki Japanese Restaurant**
Tuesday to Saturday
Dinner 6 pm - 12 am
InterContinental Adelaide, North Terrace,
Adelaide SA 5000
Dietary Options: V/VG/GF

 **Ginza Miyako Japanese Restaurant**
Dinner 5:30 pm - 10 pm
Stamford Plaza Hotel, Level 1/150 North
Terrace, Adelaide SA 5000
Dietary Options: V/VG/GF

 **Malt Shovel Taphouse Adelaide**
Wednesday to Sunday
Lunch + Dinner 11:30 - 11 pm
Festival Centre, Festival Dr,
Adelaide SA 5000
Dietary Options: V/VG/GF

 **2KW Rooftop Bar & Restaurant**
Lunch + Dinner 12 pm - 12 am
2 King William St, Adelaide SA 5000
Dietary Options: V/VG

 **Daughter in law (Indian)**
Dinner 5 - 10 pm
290 Rundle St, Adelaide SA 5000
Dietary Options: V/VG/GF/H

 **Zayt & Zaatar (Middle Eastern)**
Dinner 5 pm - 9 pm
292 Rundle St, Adelaide SA 5000
Dietary Options: V/VG/H

 **The Meat & Wine Co**
Lunch + Dinner 12 - 10 pm
39 Currie St, Adelaide SA 5000
Dietary Options: V/VG/GF/H

 **SkyCity Restaurants**
125 North Terrace, Adelaide SA 5000

iTL cafe
Breakfast 7 - 11:30 am
Lunch 12 - 2:30 pm
Dinner 5 - 9 pm
Madame Hanoi
Lunch Thursday & Friday 12 - 3pm
Dinner Tuesday to Thursday 5 - 10pm
SOL Rooftop
Wednesday & Thursday 2pm - 10pm
Friday 2pm - 1am
The Kitchen
Tuesday & Wednesday: 5pm – 9:30pm
Thursday: 12 – 3pm, 5pm - 9:30pm
Friday: 12pm - 10pm